

Your Three Week Menu

Monday

Tuesday



Wednesday



Thursday



Friday



WEEK ONE

Beef/Veggie Burger in a Bun with Potato Wedges and Baked Beans or Seasonal Vegetables

Cheese and Bacon Slice Served with Baked Beans or Seasonal Vegetables

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Apple Pie and Custard

Spaghetti Bolognese/Vegetarian Bolognese with Garlic Bread and Seasonal Vegetables

Ham Ploughman's Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Chocolate Brownie and a Fruit Wedge

Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy

Ham, Leek and Potato Bake Seasonal Vegetables

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Jam and Coconut Sponge

Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables

Mac 'n' Cheese Served with Seasonal Vegetables

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Cheese & Crackers

MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans

Omelette with Crusty Bread Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Golden Crunch and Fruit Wedge

WEEK TWO

Pork/Quorn Sausage and Bacon, Scrambled Egg, Hash Browns and Baked Beans

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Sticky Toffee Pudding and Custard

Ham, Sweetcorn and Cheese/Vegetarian Pasta Bake with Crusty Bread and Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Chocolate Biscuit and a Fruit Wedge

Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Fruit Jelly and Fruit Wedge

Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Fruit Platter

Cheese & Tomato Pizza Chips and Garden Peas or Baked Beans

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Ginger Biscuit and Fruit Wedge

WEEK THREE

Beef/Veggie Meatballs and Spaghetti in Herb and Tomato Sauce with Garlic Bread and Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Fruit Crumble and Custard

Cheese and Ham/Vegetarian Pinwheel with Potato Wedges and Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Iced Chocolate Sponge Cake

Homemade Steak/Vegetarian Pie with Mashed Potatoes, Seasonal Vegetables and Gravy

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Mousse

Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Cheese & Crackers

MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Shortbread Finger and Fruit Wedge

Available every day – Unlimited salad, fresh fruit platter, fresh bread, organic yoghurt, milk and chilled water

For allergen information, please ask one of our Catering Team

