



# PSHE Long Term Plan

SEAL and 'No Outsiders' will be the main elements of PSHE but the following planning schemes will be taught throughout the year. PREVENT (preventforschools.org), P4C, Mental Health and Different Families, Same Love (see below and additional planning on website).

	Autumn:		Spring:		Summer:	
	SEAL - New Beginnings	SEAL - Getting on and Falling Out	SEAL - Good to be Me	SEAL - Going for Goals	SEAL - Relationships	SEAL - Changes
EYFS	<p><b>No Outsiders</b> - You Choose by Nick Sharratt &amp; Pippa Goodheart</p> <p><b>P4C</b> - Play 'because!' I like .... because .. I don't like ... because..</p>	<p><b>No Outsiders</b> - Red Rockets &amp; Rainbow Jelly by Sue Heap &amp; Nick Sharratt</p> <p><b>P4C</b> - Play 'because!' Same and Different</p>	<p><b>No Outsiders</b> – Blue Chameleon by Emily Gravett</p> <p><b>MH Week</b> - Look at pictures of feelings. Learning about how they feel.</p> <p><b>P4C</b> - Play 'because!' Better and Worse</p>	<p><b>No Outsiders</b> - The Family Book by Todd Parr</p> <p><b>P4C</b> - Play 'I like ..' with animal cards. Who do you agree with?</p>	<p><b>P4C</b> - Would you rather be a giant or a wizard?</p>	<p><b>No Outsiders</b> - Mommy, Mama and Me by Leslea Newman &amp; Carol Thompson</p> <p><b>Same Love, Different Families</b> It's OK to be Different by Todd Parr</p> <p><b>P4C</b> - What animal would you rather be? Why?</p>
Year 1	<p><b>No Outsiders</b> – Elmer by David McKee</p> <p><b>Prevent</b> - The story of the Good Samaritan</p> <p><b>P4C</b> - What is belonging? What does it mean to belong? Looking at school uniform as a stimulus.</p>	<p><b>No Outsiders</b> – Ten Little Pirates by Mike Brownlow &amp; Simon Rickerty</p> <p><b>Prevent</b> - Who is my family? Where do they come from?</p> <p><b>P4C</b> - Would you rather be a bird or a plane? Have you changed your mind?</p>	<p><b>No Outsiders</b> – That's not how you do it by Ariane Hoffmann-Maniyar</p> <p><b>MH Week</b> - What makes you feel happy? How can you make someone feel happier? Looking at things that make us sad. Drawing pictures of how we feel at different times.</p> <p><b>Prevent</b> - What is the same about us? What is different?</p> <p><b>P4C</b>- Where the wild things are. Was it a dream? What is a dream?</p>	<p><b>No Outsiders</b> – Max the Champion by Sean Stockdale, Alexandra Strick &amp; Ros Asquith</p> <p><b>Prevent</b> - The story of Nelson Mandela</p> <p><b>P4C</b> - Stimulus: Old teddy, new teddy. Which teddy is more special and why?</p>	<p><b>Prevent</b> – Our School</p> <p><b>P4C</b> - What is fair? <a href="http://www.bbc.co.uk/education/clips/zmjkjxs">http://www.bbc.co.uk/education/clips/zmjkjxs</a></p>	<p><b>No Outsiders</b> – My World, Your World by Melanie Walsh</p> <p><b>Same Love, Different Families</b> – The Family Book by Todd Parr</p> <p><b>P4C</b> – The story of Wali Dad from Pakistan <a href="http://www.bbc.co.uk/education/clips/z2fg2p3">http://www.bbc.co.uk/education/clips/z2fg2p3</a></p>

Year 2	<p><b>No Outsiders</b> – The Great Big Book of Families by Mary Hoffman and Ros Asquith</p> <p><b>Prevent</b> – Teaching the children the ‘Shopping Bag’ Multi-cultural song.</p> <p><b>P4C</b>- Bob the street cat – looking at pictures of different houses and considering what is a home? Would you rather live in a cottage or skyscraper?</p>	<p><b>No Outsiders</b> – The First Slodge by Jeanne Willis</p> <p><b>Prevent</b> – Sit with someone you don’t usually sit with and tell the class about them.</p> <p><b>P4C</b>- Creation – looking at photos of the world.</p>	<p><b>No Outsiders</b> – The Odd Egg by Emily Gravett</p> <p><b>MH Week</b> - Thinking about times you have felt a wide range of emotions from angry to proud. Making helping hands -who helps us when we feel angry, sad etc.</p> <p><b>Prevent</b> – Queen Victoria’s family tree</p> <p><b>P4C</b>- The Prince and the Pig.</p>	<p><b>No Outsiders</b> – What the Jackdaw Saw by Julia Donaldson &amp; Nick Sharratt</p> <p><b>Prevent</b> –The story of Malala Yousafzai</p> <p><b>P4C</b>- If you were bigger than your parents, who would be in charge?</p>	<p><b>Prevent</b> – What groups do I belong to?</p> <p><b>P4C</b>- What do I need to make me happy?</p>	<p><b>No Outsiders</b> – Blown Away by Rob Biddulph</p> <p><b>Same Love, Different Families</b> – The Family Book by Todd Parr</p> <p><b>P4C</b> – Indian tale - <a href="http://www.bbc.co.uk/education/clips/z3vcxsg">http://www.bbc.co.uk/education/clips/z3vcxsg</a></p>
Year 3	<p><b>Prevent</b> – Make a collage of what is British</p> <p><b>P4C</b>- Rich, poor, beautiful, ugly</p>	<p><b>No Outsiders</b> – This is our house by Michael Rosen</p> <p><b>Prevent</b> – Look at our favourite foods. What countries and cultures do they come from?</p> <p><b>P4C</b>- A beautiful animated tale from Israel. <a href="http://www.bbc.co.uk/education/clips/zck239q">http://www.bbc.co.uk/education/clips/zck239q</a></p>	<p><b>No Outsiders</b> – We’re All Wonders by RJ Palacio</p> <p><b>MH Week</b> – Looking at our bodies and signs of physical and mental health both positive and ill health. Make a circle of support, looking at who can help. Make a mental health collage.</p> <p><b>Prevent</b> – Read and discuss Something Else by Kathryn Cave. How do we respect our friends?</p> <p><b>P4C</b>- Who is God? What is God? What do they do? How did they get there? Where are they?</p>	<p><b>No Outsiders</b> –The Hues in the new jumper by Oliver Jeffers</p> <p><b>Prevent</b> – The story of Rosa Parks</p> <p><b>P4C</b>- What would you rather have...No sweets or <b>no TV</b>?</p> <p><b>RSE</b>- Differences: Male and Female</p>	<p><b>No Outsiders</b> – Two Monsters by David McKee</p> <p><b>Prevent</b> – What is there to do in my community?</p> <p><b>P4C</b>- Who do you agree with? Stig of the Dump...is Stig real? What is an imaginary friend?</p> <p><b>RSE</b>-Personal Space</p>	<p><b>No Outsiders</b> –Beegu by Alexis Deacon</p> <p><b>Same Love, Different Families</b> – The Boy Who Cried Fabulous by Leslea Newman</p> <p><b>P4C</b>- What are Angels? Where do they come from? What do they do?</p> <p><b>RSE</b>-Family Differences</p>
Year 4	<p><b>No Outsiders</b> – Dogs don’t do ballet by Anna Kemp &amp; Sarah Ogilvie</p> <p><b>Prevent</b> – Learn a Bhangra dance.</p> <p><b>P4C</b>- What is the best age to be?</p>	<p><b>No Outsiders</b> – King and King by Linda de Hann &amp; Stern Nijland</p> <p><b>Prevent</b> – Explore music from different cultures.</p> <p><b>P4C</b>- What does it mean to make a wish? The Magic Box p.104 Poems for Thinking.</p>	<p><b>No Outsiders</b> – The Way Back Home by Oliver Jeffers</p> <p><b>MH Week</b> – What helps our MH? What hinders it? Make a poster promoting positive MH. Sort emotion words and think about when you felt them.</p> <p><b>Prevent</b> – Look at a map. What are the key features of our community? What makes it special?</p> <p><b>P4C</b>- What would you choose...to be rich or famous?</p>	<p><b>No Outsiders</b> – The Flower by John Night</p> <p><b>Prevent</b> – Racism in Sport</p> <p><b>P4C</b>- Fairness Thinking Skills p.44 What does being fair mean?</p>	<p><b>Prevent</b> – What is going on in the local news?</p> <p><b>P4C</b>- Does God answer prayers? In looking at parables, what puzzling questions could some Christians have?</p>	<p><b>No Outsiders</b> – Red: A Crayons Story by Michael Hall</p> <p><b>Same Love, Different Families</b> — The Boy Who Cried Fabulous by Leslea Newman</p> <p><b>P4C</b>- What is a stick? <a href="http://thinkingspace.org.uk/wpcontent/uploads/2015/04/KS1-KS2-Enquiry-Nota-Stick.pdf">http://thinkingspace.org.uk/wpcontent/uploads/2015/04/KS1-KS2-Enquiry-Nota-Stick.pdf</a></p>

<p>Year 5</p>	<p><b>No Outsiders</b> – Where the Poppies Grow Now by Hilary Robinson &amp; Martin Impey</p> <p><b>Prevent</b> –The story of Mary Seacole</p> <p><b>P4C</b>- What is belief in action? How is it demonstrated? Can you have belief without action?</p>	<p><b>No Outsiders</b> –Rose Blanche by Ian McEwan &amp; Roberto Innocenti</p> <p><b>Prevent</b> – Who was Winston Churchill? What did he do?</p> <p><b>P4C</b>- Play the circle of life? What does this mean? Listen and respond to this song?  <a href="https://www.youtube.com/watch?v=9Pmc2HDMiA&amp;list=PL95970EFE70300C93&amp;index=14">https://www.youtube.com/watch?v=9Pmc2HDMiA&amp;list=PL95970EFE70300C93&amp;index=14</a></p>	<p><b>No Outsiders</b> – How to Heal a Broken Wing by Bob Graham</p> <p><b>MH Week</b> – Fill a bucket with your worries and a treasure chest with the coping techniques you have. Thinking about when you are resilient and when you are vulnerable. Complete a 5 a day activity focusing on things you do each day to make you happy!</p> <p><b>Prevent</b> – World celebration – investigate different foods you’d find in a supermarket and discuss their place of origin. Record findings on a world map.</p> <p><b>P4C</b>- If you could choose to change one thing about the world, what would it be?</p>	<p><b>No Outsiders</b> – The Cow Who Climbed a Tree by Gemma Merino</p> <p><b>Prevent</b> – Story of John Hawkins and write a diary of a slave.  <a href="https://www.youtube.com/watch?v=ZJDNSp1QJA&amp;list=PL95970EFE70300C93&amp;index=6">https://www.youtube.com/watch?v=ZJDNSp1QJA&amp;list=PL95970EFE70300C93&amp;index=6</a></p> <p><b>P4C</b>- An old man shares his life story with his young grandchild through evocative music. Have a child-led discussion about this moving story.</p>	<p><b>Prevent</b> –What is going on in the National News? Newsround.</p> <p><b>P4C</b>- Freedom Thinking skills p.47 Are we ever free?</p>	<p><b>No Outsiders</b> – And Tango Makes Three by Justin Richardson &amp; Peter Parnell</p> <p><b>Same Love, Different Families</b> – Something Else by Kathryn Cave</p> <p><b>P4C</b>-Pandors’s Box Stories for thinking p.62. What does hope mean?</p> <p><b>Relationship and Sex Education</b></p>
<p>Year 6</p>	<p><b>No Outsiders</b> – My Princess Boy by Cheryl Kilodavis &amp; Suzanne DeSimone</p> <p><b>Prevent</b> – What does 'culture' mean? Present mind maps of cultures represented in Britain drawing on similarities and differences.</p> <p><b>P4C</b>- What is worship? Can you worship without a building?</p>	<p><b>No Outsiders</b> – Leaf by Sandra Dieckmann</p> <p><b>Prevent</b> – pride of Britain. Make a poster advertising Britain.</p> <p><b>P4C</b>- Is it important to be liked or respected?</p>	<p><b>No Outsiders</b> – The Island by Arman Greder</p> <p><b>MH Week</b> – Looking at lyrics of happy songs, why do they make you feel happy? Writing responses to problem pages, how would you get help in that situation? What should mental health support look like for children under 11?</p> <p><b>Prevent</b> – Email, follow or visit a multi-cultural school. How is it similar? How is it different?</p> <p><b>P4C</b>- ‘Teeth and the digestive system’. Ask the children whether they agree with the ‘sugar-tax’ and who they think is ultimately responsible for their teeth.</p> <p><b>RSE -</b></p>	<p><b>No Outsiders</b> – Dreams of Freedom by Amnesty International</p> <p><b>Prevent</b> –Research female campaigners. Slave resistance, religious groups, former slaves.</p> <p><b>P4C</b>- Is it worse to fail at something or never attempt it in the first place?</p> <p><b>RSE -</b></p>	<p><b>Prevent</b> – Audit of multi-culturalism</p> <p><b>P4C</b>-  <a href="https://www.youtube.com/watch?v=EKA8wkU5tdk&amp;index=37&amp;list=PL95970EFE70300C93">https://www.youtube.com/watch?v=EKA8wkU5tdk&amp;index=37&amp;list=PL95970EFE70300C93</a> What can we teach? Happy feet clip.</p>	<p><b>No Outsiders</b> – The Thing by Simon Puttock &amp; Daniel Egneus</p> <p><b>Same Love, Different Families</b> – Something Else by Kathryn Cave. William’s Doll by Charlotte Zolotow</p> <p><b>P4C</b>- This painting is an accident; believe it or not, it’s true. So is it art then? Well that’s a question for you!</p> <p><b>Relationship and Sex Education</b></p> <p><b>Transgender and Non-Binary</b> – Alien nation.</p> <p><b>RSE -</b></p>