



## Upton Westlea Primary School Anti-Bullying Policy - Children's Version September 2020

Bullying is when something unpleasant happens over and over again. Unpleasant things like:

- Hitting
- Saying mean things
- Shouting in people's faces
- Invading personal space
- Fighting
- Threatening
- Ganging up on someone
- Name calling
- Not playing together
- Pulling faces
- Making fun of you
- Swearing
- Saying mean things on the internet or mobile phones
- Punching/kicking
- Blackmailing
- Being argumentative
- Answering back
- Leaving people out
- Breaking belongings
- Staring

Upton Westlea is proud to be a caring and happy school, so if anyone has a problem we want you to **share it**, we will listen and help each other.

- We will try and make it easier for you to tell us about your problems
- We will celebrate Anti-Bullying week each year
- We will look into ideas to help younger children to understand bullying
- We will encourage our teachers, parents and children to support our Behaviour Policy
- The School Council and Behaviour Champions will talk about ways to help stop bullying
- We will teach you about different types of bullying and what to do if you feel you are being bullied
- We will work hard together to make everybody friends
- The adults in school will have anti-bullying training
- Mrs Carruthers, all members of staff and Governors will always try to make sure there is less bullying at school.

This policy was written by the children of Upton Westlea Primary School.