



UPTON WESTLEA PRIMARY SCHOOL
WESTON GROVE
UPTON BY CHESTER
CH2 1QJ



Telephone: 01244 667880
www.uptonwestleapprimary.co.uk

Headteacher: Mrs K Carruthers

September 2023

Dear Parents/Guardians

Identifying and Supporting Young Carers at Upton Westlea

At Upton Westlea we are aware that some of our pupils are young carers. A young carer is someone under 18 who is caring unpaid for a family member or friend who is ill, frail, disabled or has mental health or addiction problems. They often take on practical and/or emotional caring responsibilities that would normally be expected of an adult. Research suggests there are at least 800,000 young carers in the UK but many do not realise they are a young carer.

We know that young carers may need a little extra support to enjoy and do well at school. At Upton Westlea we are committed to ensuring that all pupils who are young carers are identified, and supported effectively.

Crossroads Together is the commissioned Young Carers service for Cheshire West and Chester. Their Young Carers in Schools Project Worker, Katie Deyes, will be delivering an assembly to raise awareness of young carers in school and the issues they may face. She will be coming back to run a drop in for any students who feel they might be a young carer.

Yours sincerely

K Carruthers

Mrs K Carruthers
Headteacher





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Reply Slip

Pupil's Name: _____

Class: _____

Does the pupil have parents or other family members who have a long-term illness or disability, or who are affected by mental ill-health or substance misuse?

Yes

No

If you wish, you can give further details here: (not required)

