



Active Kids (0-11)



Cheshire West
and Chester



Active School Travel Routes

Upton Westlea Primary School

Produced by: Active Cheshire

**Commissioned by: Cheshire West and
Chester Council**

September 2022





Active Kids (0-11)

Contents

| | |
|-----------------------------|---|
| Introduction | 3 |
| Wealstone Park Route | 4 |
| Caughall Road Route | 5 |
| Risk Assessment | 6 |
| Resources | 7 |
| A Breath of Fresh Air | 8 |
| Disclaimer | 9 |





Active Kids (0-11)

Introduction

As part of the plan for wider school reopening from September 2020, the government has published a guidance encouraging schools to promote active travel to and from schools.

“Schools should encourage parents, staff and pupils to walk or cycle to school if at all possible. Schools may want to consider using ‘walking buses’ (a supervised group of children being walked to, or from, school), or working with their local authority to promote safe cycling routes.”(Guidance for full opening: schools, July 2020, <https://www.gov.uk/government/publications/actions-for-schools-during-the-coronavirus-outbreak/guidance-for-full-opening-schools>)

Cheshire West and Chester Council has commissioned Active Cheshire to produce this document, Active School Travel Routes, to support the school to promote active travel within your school community. Within this document, we have identified, and risk assessed 3 different routes suitable for active travel, whether that be walking, jogging, running, scootering, cycling or for wheelchair users. We have also highlighted some potential risks, uniqueness and opportunities to be more physically active on each route.

We hope that this document will help to encourage and increase sustainable active travel within your school community, improve and maintain the health and wellbeing of pupils, staff and parents/carers, reduce car usage and congestion around the school, improve air quality and increase your school’s reputation as a healthy, active and environmentally friendly school.

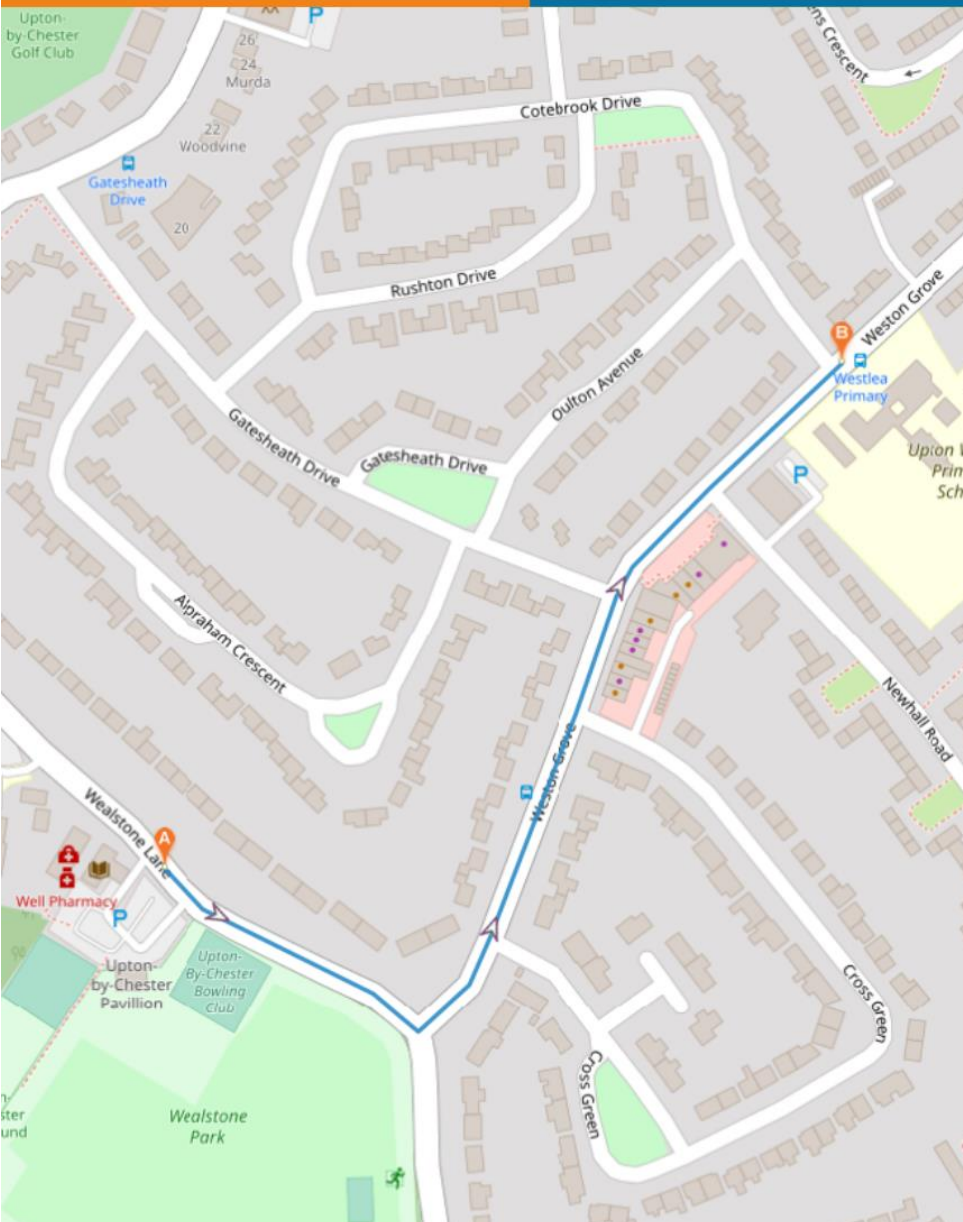
This document is not intended to replace your existing School Travel Plan but rather to support and enhance existing provision. If you do not currently have a STP in place, this can be used as a starting point. A full STP should also consider measures and initiatives which set out how your school will use to reduce car journeys and promote other ways of getting to school safely. Successful school travel plans will be supported by the whole school community (pupils, teachers, parents, governors and support staff), the local community and the local authority.

Modeshift Stars is a useful initiative to help your school produce a STP. For more information on Modeshift Stars initiative and how this can help to fulfil a full School Travel Plan and how to gain an accreditation, visit <https://www.modeshiftstars.org/about/travel-planning/> and contact the Road Safety Team: Roadsafety@cheshirewestandchester.gov.uk for practical support.



WEALSTONE PARK ROUTE

Start your day with a play on the Wealstone Park playarea. Once finished playing make your way onto Wealstone Lane, safely crossing over and then turn right. Then turn left along Weston Grove and then safely cross Weston Grove. Once safely across head into school from there.



7mins



1,250
steps



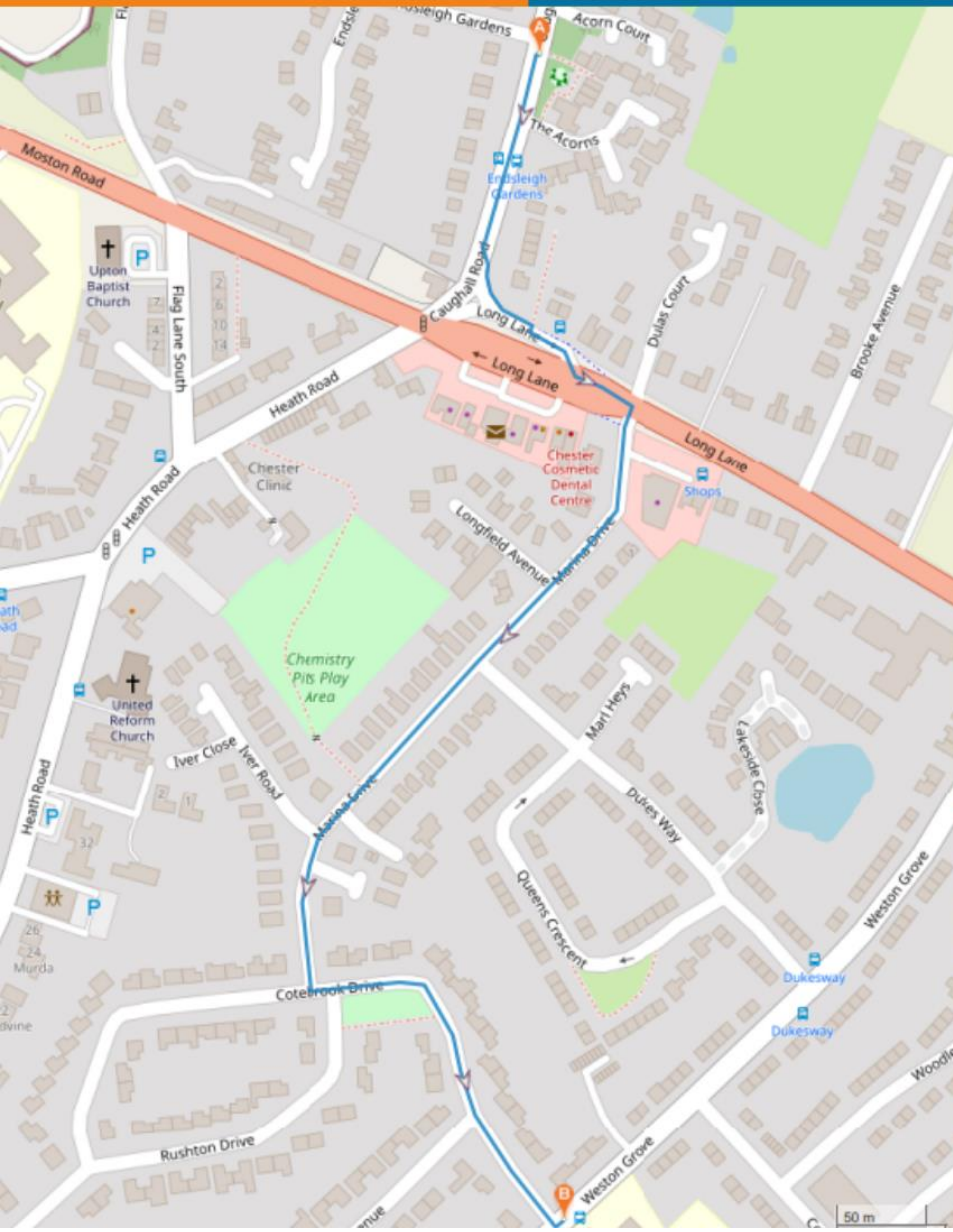
0.5
miles





CAUGHALL ROAD ROUTE

Start your day with a play on the Caughall Road playarea. Once finished playing make your way onto Caughall Road and turn left. Once you are at Long Lane turn left and then use the traffic lights to safely cross the road and head onto Marina Drive. Turn left along Cotebrook Drive. Safely cross Weston Grove and then safely head into school.



11mins



1,250 steps



0.5 miles

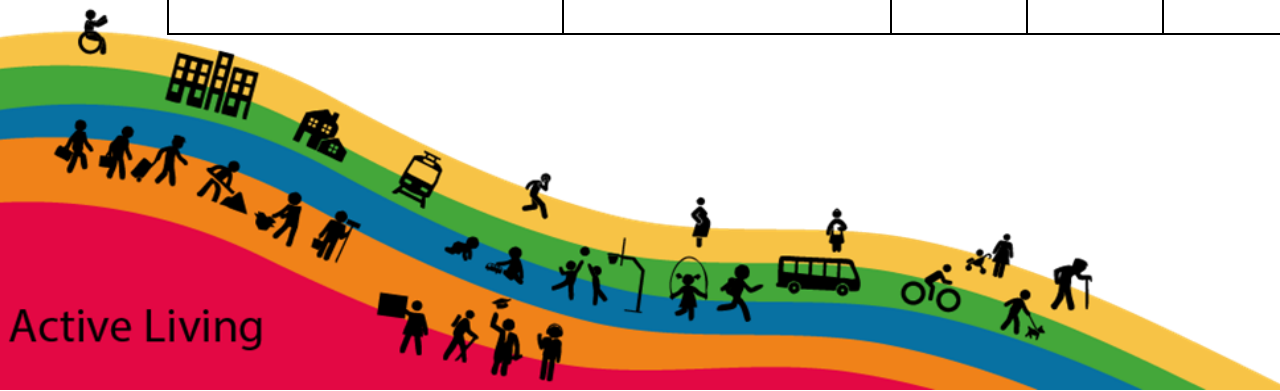


Risk Assessment

Activity: Upton Westlea Primary School Active Travel Routes

Risk Assessment completed by: Jonathan Gribbin

| HAZARD | TO WHOM | FREQ | SEV | RISK RATING | EXISTING CONTROLS | ACTION REQUIRED |
|---|---------|------|-----|-------------|---|---|
| Tripping and falling over | All | 3 | 1 | 3 (Low) | Assessing area, ensure appropriate footwear is worn | Keeping aware of surroundings. |
| Hazards on the ground (e.g. broken glass, etc.) | All | 2 | 1 | 2 (Low) | Assessing area, ensure appropriate footwear is worn | Always being aware of surroundings |
| Inclement weather conditions | All | 3 | 1 | 2 (Low) | Ensure pupils have the appropriate clothing for the weather conditions | Weather considerations dependant on pupils. |
| Anti-social behaviour | All | 1 | 1 | 2 (Low) | Keeping vigilant and reporting any issues/concerns to the appropriate authorities | All pupils briefed. |
| Traffic | All | 1 | 3 | 3 (low) | Always keeping a look out for traffic when crossing the road, not using mobile phones or playing with balls while crossing or near roads. | Always being aware of surroundings |
| Covid-19 | All | 1 | 3 | 3 (low) | Following the latest government guidelines on measures and precautions. | Ensure social distancing guidelines is maintained and followed and always follow the school's drop off / pick up policy |





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Resources

There are many ways in which your school can bring these Active School Travel Routes to life! Why not try out some of the resources designed by us to help you get started.

Resources include;

- Class wall chart where each day pupils and staff can record how they travel to school. Record the results on the Modeshift Stars database.
- Basic road safety guide
- Walk To School Poster
- Modeshift Stars initiative <https://www.modeshiftstars.org/>

There are plenty of active travel activities which your school can take part in, and it's more than likely that your school is already engaging in many such as:

- Walking trips
- Road safety in education
- Junior Road Safety Officers
- Ask your Junior Safety Officers to be Active Travel Ambassadors
- Walking bus initiative
- School staff and pupils step challenges
- Installing scooter or cycle storage
- Sustainable/active travel reward scheme Modeshift Stars
- Park and stride scheme
- Car sharing
- Walk once a week
- Walk to School Week
- Walk to School Month
- Pedestrian Training
- Bike ability Training
- Balanceability Training all available through the Road Safety team.
Roadsafety@cheshirewestandchester.gov.uk

If you have any question regarding this document or would like additional support, please do not hesitate to get in touch with us on 01606 330 212 or support@activecheshire.org





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A Breath of Fresh Air

Cheshire West and Chester Council is committed to making sure the borough is safe and clean and part of this includes looking at ways we can tackle air pollution. The **A Breath of Fresh Air** campaign is focusing on the effects idling engines have on our environment - we're asking all drivers to switch off their engine if their vehicle is stationary to avoid contributing to unnecessary emissions.



The simple rule is: if you're parked, please switch off your engine.

Vehicle emissions are the most significant source of air pollution in the borough and it is associated with a number of adverse health impacts. Additionally, air pollution particularly affects the most vulnerable in society, including children and older people, and those with heart and lung conditions. Children are particularly vulnerable to the air pollution created by idling vehicles for several reasons: they breathe faster than adults, take in 50% more air per pound of body weight, and are simply closer to the ground and the exhaust pipes of vehicles. Therefore, roads around schools will be actively targeted for enforcement action.

Your school can support this important by spreading the words within your school community. **This is also a great opportunity to support the health and wellbeing of your school community by encouraging and promoting active travel within your school community to further help to tackle air pollution issue.** A simple but effective solution could be “why not try parking a little further away, at one of the highlighted parking areas in this document and travel actively for the remainder of the journey into school?”

Find out more about air quality levels in West Cheshire and what is being done to improve them by visiting www.cheshirewestandchester.gov.uk/lowemissionstrategy





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Disclaimer

All information provided in this document is designed and intended as a guide - the reader shall take full responsibility for any use they make of the information. It is important to understand that if you choose to use the information, you are doing so at your own risk. We recommend that all routes are followed by an accompanying adult and that you always use pavements unless crossing the road where you should always use a designated crossing point where possible. We also recommend that you use the Green Cross Code to safely cross all roads - <https://www.roadwise.co.uk/schools/using-the-road/green-cross-code/>





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Active School Travel Routes for Upton Westlea Primary School

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